

FLIP WEBINAR SERIES | N°5 | MAY 18, 2023



'What is Food Literacy?'

Thursday May 18th, 2023 | 5:00 - 7:00 p.m. *PDT

* PDT - Pacific Daylight Time

Webinar speakers

Dr. Katsura Omori | (Speaker & Host) Yamagata University, Japan

Dr. Kanae Takaizumi | Sendai Seiyo Gakuin College, Japan

Dr. Rie Akamatsu | Ochanomizu University, Japan

Dr. Fumi Hayashi | Kagawa Nutrition University, Japan

Chrissy Smith, Doctoral student | (Moderator) University of British Columbia

World health statistics reported by WHO featured that Japan has shown high healthy life expectancy, and Washoku, Japanese traditional cuisine, was added to UNESCO's Intangible Cultural Heritage list in 2013. Also, Japan has a long history of school lunch system with its high attendance rate. Meanwhile, we currently face several common issues such as non-communicable diseases, food safety, food waste and so on as other countries do.

In this webinar, four Japanese presenters from different academic fields will provide you what we have learnt from our works. We are happy to share our country's practices for healthy eating with audiences from all over the world.

Dr. Katsura Omori is a professor and her initial work was to research the effective methods for teaching Home Economic which is a required subject for all Japanese students from elementary school to senior high school. Recently most her academic interests and efforts have been focused on developing teaching programs to improve children's food literacy by collaboration of school subjects with the school lunch program.

Dr. Kanae Takaizumi is a registered dietitian and associate professor at Sendai Seiyo Gakuin College in Japan. She has conducted research related to health communication and is current research focuses on healthy eating literacy.

Dr. Rie Akamatsu is a registered dietitian, professor, and vice president at Ochanomizu University in Tokyo. She studied health psychology in her master's program and completed a doctorate in Public Health. Her research focuses on both individual and social factors related to eating behavior.

Dr. Fumi Hayashi is an associate professor at the Kagawa Nutrition University, Japan, and teaches Nutrition Education to dietetics students. Her current research focuses on developing the guideline to promote sustainable healthy diets for the general population.

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